

Name(last, first): _____ Date of Birth: _____

M F Ethnicity: _____ Menopause age: _____ Height/Weight: _____ / _____

- 1) Have you had a previous hip/spine fracture or surgery? **Yes / No**
- 2) Have you had any fractures during your adult life, which did not result from significant trauma (e.g., auto accident)? **Yes / No**
- 3) Did either of your parents ever have a hip fracture? **Yes / No**
- 4) Do you smoke? **Yes / No**
- 5) Have you ever taken glucocorticoids? **Yes / No**
- 6) Do you have rheumatoid arthritis? **Yes / No**
- 7) Do you have secondary osteoporosis? **Yes / No**
- 8) Are you being treated for osteoporosis? **Yes / No**
- 9) Do you drink 3 or more alcoholic drinks per day? **Yes / No**
- 10) Have you ever taken any of the following medications? **Yes / No**

-Mark appropriate medication

| | |
|------------------------|--------------------------------|
| Actonel (risedronate) | Boniva (ibandronate) |
| Evista (raloxifene) | Forteo (parathyroid hormone) |
| Fosamax (alendronate) | HRT (estrogen/hormone therapy) |
| Miacalcin (calcitonin) | Protelos (strontium ranelate) |
| Reclast (zoledronate) | Prolia (denosumab) |
| Vitamin D | Calcium |

- 11) Do you have any of the following medical conditions? **Yes / No**

-Mark appropriate condition

| | |
|-------------------------|----------------------------|
| Anorexia/Bulimia | Cancer |
| Asthma/Emphysema | Inflammatory Bowel Disease |
| End Stage Renal Disease | Hysterectomy |
| Hyperparathyroidism | Other-Please |
| Seizure Disorder | Specify: _____ |

- 12) What was your max height? _____
- 13) Do you perform weight bearing exercise regularly? **Yes / No**
- 14) Do you regularly consume dairy products? **Yes / No**
- 15) Do you drink caffeinated beverages? **Yes / No**

Female Only:

- 16) At what age did your period start? _____ 17) Are you premenopausal? **Yes / No**
- 18) How many full-term pregnancies have you had? _____
- 19) Have you ever missed your period for more than 6 months in a row (not including menopause/pregnancy)? **Yes / No**